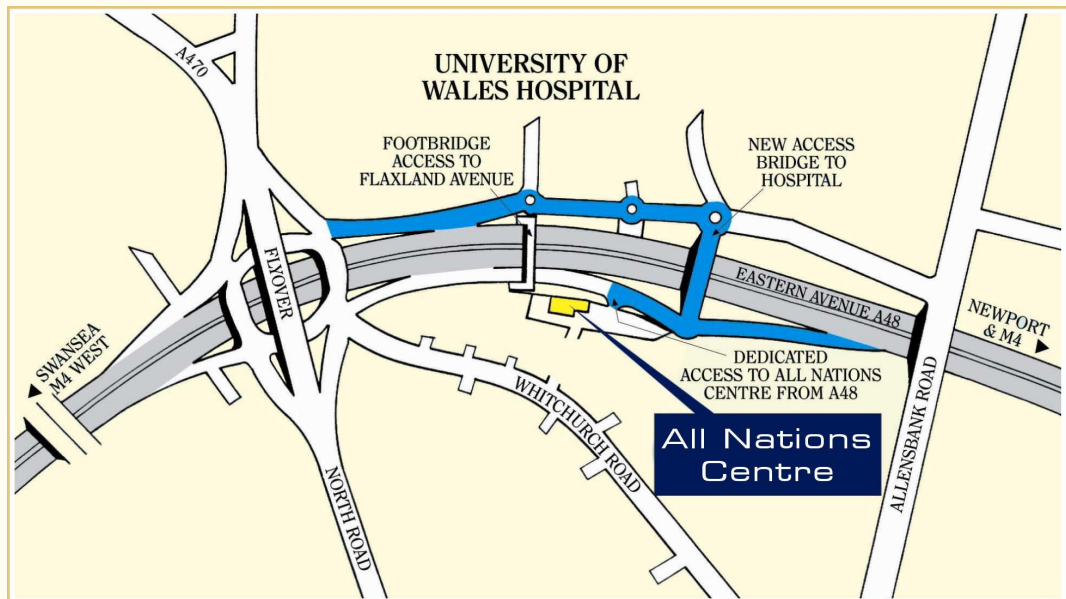


Directions

- From the **East**, Junction 29 of M4, join the A48M; continue until the 40MPH speed limit, which is the start of the map below.
- From the **West**, Junction 32 of M4, follow signs for city centre, until picking up signs for the University Hospital of Wales, and then follow the map below.
- From the train and bus station just 10 minutes by car.
- Within 40 minutes from Cardiff International Airport
- From Cardiff Central Bus Station number 8 bus to Heath Hospital.
- From Cardiff Central Train Station 15 minute taxi drive.
- Find our location on www.streetmap.co.uk (postcode CF14 3NY)



Larger Map on the next page

Map to the All Nations Centre: *Bottom Car Park*

